LINING INSTRUCTIONS

The field should be lined around its boundaries and split in two by a half line. At the center of the field, you should create a circle with a radius of about ten yards. Measure six yards away from each goal post to the corner. Then measure six yards out parallel to the side lines. Connect these points to form the six yard box. Repeat this same process, except measure eighteen yards from the goal posts and out into the field. Once lined, this forms the penalty area/eighteen yard box. On the end line, measure twelve yards from the center of the goals and mark this spot as the penalty spot. From the newly drawn penalty spots make a circle with a radius of ten yards, but only mark the part of the circle that is outside the penalty area. Lastly, make a quarter circle with a 1 yard radius in each of the four corners.

The following link shows a diagram of the lining requirements on p. 11 of FIFA's Law 1 (The Field of Play), in both metric and imperial measurements.

http://www.fifa.com/mm/document/affederation/generic/81/42/36/lawsofthegame_2010_11_e.pdf